



LANESBOROUGH

REAL ESTATE INVESTMENT TRUST

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Press Release

LREIT ANNOUNCES SEPTEMBER 30, 2005 QUARTERLY DISTRIBUTION

Winnipeg, Manitoba, September 19, 2005 – Lanesborough Real Estate Investment Trust (“LREIT”) (TSX Venture: LRT.UN) announced today a distribution of \$0.14 per unit (\$0.56 per unit on an annualized basis) for the third quarter ending September 30, 2005. Payment will be made on October 15, 2005 to the Unitholders of record as of September 30, 2005.

LREIT is a real estate investment trust, which is listed on the TSX Venture Exchange under the symbol LRT.UN. The objective of LREIT is to provide Unitholders with stable cash distributions from investment in a geographically diversified Canadian portfolio of quality real estate properties. For further information on LREIT, please visit our website at www.lreit.com.

FOR FURTHER INFORMATION PLEASE CONTACT:

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The TSX Venture Exchange has not reviewed or approved the contents of this press release and does not accept responsibility for the adequacy or accuracy of this press release.