



## LANESBOROUGH

Real estate investment trust

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### LANESBOROUGH REAL ESTATE INVESTMENT TRUST Press Release

#### LREIT ANNOUNCES DECEMBER 2005 QUARTERLY DISTRIBUTION

Winnipeg, Manitoba, December 7, 2005 – Lanesborough Real Estate Investment Trust (“LREIT”) (TSX Venture: LRT.UN) announced today a distribution of \$0.14 per unit (\$0.56 per unit on an annualized basis) for the fourth quarter ending December 31, 2005. Payment will be made on December 31, 2005 to the Unitholders of record as of December 15, 2005.

As previously announced, LREIT’s distribution policy will change from the current quarterly cash distributions to monthly cash distributions, effective January 1, 2006. The December 31, 2005 cash distribution will be the final quarterly distribution. The first monthly cash distribution is expected to occur on or about February 15, 2006 to Unitholders of record as of January 31, 2006.

LREIT is a real estate investment trust, which is listed on the TSX Venture Exchange under the symbol LRT.UN. The objective of LREIT is to provide Unitholders with stable cash distributions from investment in a geographically diversified Canadian portfolio of quality real estate properties. For further information on LREIT, please visit our website at [www.lreit.com](http://www.lreit.com).

#### FOR FURTHER INFORMATION PLEASE CONTACT:

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*The TSX Venture Exchange has not reviewed or approved the contents of this press release and does not accept responsibility for the adequacy or accuracy of this press release.*